



Protect & Support Eye Health

DIRECTIONS:

Take one softgel capsule daily, preferably with a meal. Do not exceed stated dose.

NUTRITIONAL INFORMATION:

Each softgel capsule contains:

Meso-Zeaxanthin	10mg
Lutein	10mg
Zeaxanthin	2mg

Ingredients:
Sunflower Seed Oil, Capsule Shell (Gelatin, Glycerol, Colour: Iron Oxide), Marigold Extract, Beeswax.

CAUTION: PREGNANT OR LACTATING WOMEN SHOULD CONSULT A DOCTOR BEFORE USING THIS PRODUCT • FOOD SUPPLEMENTS SHOULD NOT BE USED AS A SUBSTITUTE FOR A VARIED DIET OR A HEALTHY LIFESTYLE • DO NOT EXCEED STATED DOSE • TAMPER RESISTANT PACK - DO NOT USE IF FOIL IS BROKEN • KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL DRY PLACE - FOR BEST BEFORE END SEE BASE OF PACK.

Manufactured in the UK for Macuvision Europe Ltd
Regus Buildings, Blythe Valley Business Park, Solihull. B90 8AG
www.macushield.com



Contains **Meso-Zeaxanthin** for macular health



Meso-Zeaxanthin, Zeaxanthin and Lutein food supplement. Protect and support eye health.

Scientists have long known that the yellow colour, or pigment, inside the macula comes from three carotenoids: lutein, zeaxanthin, and meso-zeaxanthin. These plant compounds help protect the eye by absorbing blue light, which is present in regular sunlight, as well as in offices (computer screens generate blue light). They also neutralise free radicals, which damage the cells of the eye. Free radicals come from smoking, pollution, poisons, fried foods, and as a by-product of oxygen metabolism.

Because the macula is yellow in colour it absorbs damaging blue light that enters the eye and so acts as a natural filter.

The MacuShield patented blend brings together all three of these carotenoids to help maintain eye health throughout our later years.

■ **Meso-Zeaxanthin.**

Meso-zeaxanthin is not found in a typical diet (although it is found in unusual foods, such as shrimps and oysters), but is uniquely important for macular health. The body normally converts lutein to meso-zeaxanthin in the retina. Meso-zeaxanthin is only found at the centre of the macula, where vision is sharpest. Its presence results in the filtration of a wider range of damaging blue light and also acts as a powerful antioxidant at the macula.

■ **Lutein and Zeaxanthin.**

Found in green leafy vegetables such as spinach and kale, lutein and zeaxanthin are also antioxidants and are capable of filtering blue light.

New scientific research has found that supplementing with all 3 yellow carotenoids - meso-zeaxanthin, lutein, and zeaxanthin - has resulted in the body taking up these vital compounds, and macular pigment levels being sustained.

This new formula, now in a sunflower oil softgel capsule, is designed to transport these important compounds around the body, thus making it easier to get to parts of the eye where it is required.